The DCS program is a program of Wisconsin Department of Health Services and a service of the Aging and Disability Resource Center (ADRC) of Dodge County.

A Dementia Care Specialist provides services and support to individuals, families, and the community.

#### What is Dementia?

Dementia is a set of symptoms resulting from disease, such as Alzheimer's, or other conditions such as stroke, that damage the brain and interfere with a person's ability to carry out daily activities.

## Who is a Family Caregiver?

Anyone providing physical, emotional, financial or other types of assistance to a family member or friend, who has a chronic disease or other condition, requiring ongoing care and attention.

## When Should I Have a Cognitive Screen?

A cognitive screen is a brief test used to evaluate memory, judgment, and the ability to understand visual information. You should consider receiving a cognitive screening:

- ✓ When mental tasks that used to be easy to perform become difficult
- ✓ If you are concerned about your memory.
- ✓ If you are over 65 and want to track your cognitive ability over time



# **Supports are Available**

## **Support for Individuals with Dementia**

#### **Cognitive Screening**

Worried about your memory? Screening to detect cognitive changes are available at the Aging and Disability Resource Center (ADRC) of Dodge County.

#### SPARK!

SPARK! provides an opportunity for those with early to mid-stage memory loss and their care partners to enjoy art, culture, and nature in comfortable settings.

### Independence

Dementia Care Specialists help connect you with the opportunities available in our community to keep you active and involved.

#### **Research Opportunities**

You can be connected to research studies that attempt to further understand the causes and possible treatments.

#### **Lending Library**

The Lending Library has adaptive equipment including remotes, electronic medication boxes, and tools to assist with different tasks. It also has games, activities, children's books on dementia, caregiving and dementia related books, and fidget items. There is no cost to check these out and it is a great way to try them out before investing in them.

# Support for Family Caregivers with Dementia

#### Dementia Live®

This dementia simulation and awareness training empowers caregivers, families, and the community with a first-hand dementia experience which heightens understating, deepens empathy and elevates care.

#### **Assistance with Care Planning**

Dementia Care Specialists help to address your current situation and plan for the future, including advance care plans and connections to legal and financial planning experts.

# **Connections to Support Groups and Other Programs**

Dementia Care Specialists are knowledgeable about the opportunities and resources available in your community and can help you find information and make connections.

## **Community Support**

#### **Dementia Friendly Communities**

Dementia Care Specialists assist in the development of dementia friendly communities. These communities typically include:

- ✓ Memory cafes
- Dementia friendly businesses
- Increased civic awareness of dementia related issues
- Dementia capable emergency response

# What is an Aging and Disability Resource Center?

An Aging and Disability Resource Center (ADRC) offers the general public a single source for information and assistance related to issues affecting older people and people with disabilities regardless of their income. An ADRC provides information, assistance, and referral to a wide variety of services.



## **LOCAL WISCONSIN RESOURCES**

Alzheimer's Association of Wisconsin 800.272.3900 www.alz.org

Alzheimer's Dementia Alliance of Wisconsin 608.232.3400 www.alzwisc.org

# **Dementia Concerns Coalition of Dodge County**

920.219.1512

Email: dementiaconcerns@gmail.com Like us on Facebook

## **Dementia Friendly Dodge**

920.386.4308

www.dementiafriendlydodge.org

Email: dementiafriendlydodge@gmail.com Like us on Facebook

Wisconsin Alzheimer's Institute 608.263.9949 www.wai.wisc.edu

# Contact

## Phone:

920-386-3580 800-924-6407

## Email:

hsagingunit@co.dodge.wi.us

## Fax:

920-386-4015

# Office Hours

Monday - Friday 8 - 4:30 pm or by Appointment

# Address

Henry Dodge Office Building 199 County Road DF – 3<sup>rd</sup> floor Juneau, Wisconsin 53039





Updated 7/1/19 JW





